

# Chocolate Gravy

A HEALTHY, DELICIOUS, PLANT-BASED RECIPE

Servings: 8-10

Ingredients	Quantity	Measure
Sugar, granulated	2	cups
Hershey's cocoa powder (not the dark one)	4	tablespoons
All-purpose flour	4	tablespoons
Almond milk	2	cups
Vanilla	1	tablespoon
Non-dairy margarine	2	ounces

## Preparation

1. Blend by hand the sugar, cocoa, and flour; set aside.
2. Pour milk in a pot, add sugar mixture.
3. Cook over medium heat, stirring constantly until thick and bubbly.
4. Remove from heat and then add margarine and vanilla.
5. Stir and serve.

**Nutrition Information** per serving \*From USDA Nutrient Database

Calories: 259 Total Fat: 6 g Saturated Fat: 1.5 g Carbohydrate: 50 g Protein: 2 g Sodium: 76 mg

Vitamin A: 2% Vitamin C: 0% Calcium: 7% Iron: 6%

