Lemon Lush

A HEALTHY, DELICIOUS, PLANT-BASED RECIPE

Yield: ½ hotel pan Servings: 12

Ingredients	Quantity	Measure
All-purpose flour	1	cup
Sugar, granulated	3	tablespoons
Pecans, ground	1	cup
Non-dairy margarine	4	ounces
Filling (1)		
Sugar, powdered	1	pound
Non-dairy cream cheese	4	ounces
non-dairy whipped topping	4	ounces
Filling (2)		
Lemon pudding, instant	12	ounces
Almond milk	3/4	quart
Garnish		
Non-dairy whipped topping	2	cups
Pecans, chopped	1/2	cup

Preparation

Crust

- 1. Blend flour, sugar, pecans and margarine.
- 2. Press in bottom of pan.
- 3. Bake at 325 degrees for 8-10 minutes. Let cool.

Filling (1)

Mix powder sugar and cream cheese. Fold in whipped topping and spread over cooled crust.

Filling (2)

- 1. Mix lemon pudding with almond milk and blend until thick and creamy.
- 2. Pour over cream cheese mixture.
- 3. Chill for 3 hours.

Serving Information

Top with non-dairy whipped topping and chopped pecans.

Nutrition Information per serving *From USDA Nutrient Database

Calories: 556 Total Fat: 18g Saturated Fat: 6g Carbohydrate: 92g Protein: 6g Sodium: 516mg

Vitamin A: 64ug Vitamin C: 0mg Calcium: 155mg Iron: 2mg Folate: 73ug

