

No-Bake Chocolate Oatmeal Cookies

A HEALTHY, DELICIOUS, PLANT-BASED RECIPE

Servings: 24

Ingredients	Quantity	Measure
Sugar, granulated	1 ½	cup
Almond milk	½	cup
Non-dairy margarine	3	ounces
Hershey's cocoa powder, not dark	5	tablespoons
Oats, quick cooking	3	cups
Peanut butter	½	cup
Vanilla	1	tablespoon

Preparation

1. MEASURE AND SET ASIDE ALL INGREDIENTS BEFORE COOKING.
2. Mix sugar, almond milk, margarine, and coco powder together in a pot and bring to a rolling boil. Allow to boil for 4 minutes.
3. Remove from heat. Add peanut butter and vanilla and stir until peanut butter is smooth.
4. Add oats and stir until thoroughly combined. Using a tablespoon, quickly drop onto a cookie sheet covered with parchment paper. You will have to work quickly so they don't set up in the pot.

Nutrition Information per serving *From USDA Nutrient Database

Calories: 181 Total Fat: 10g Saturated Fat: 2g Carbohydrate: 21g Protein: 4g Sodium: 71mg
Vitamin A: 3µg RAE Vitamin C: 0mg Calcium: 19mg Iron: 1mg

