

Remoulade

A HEALTHY, DELICIOUS, PLANT-BASED RECIPE

Servings: 12

Ingredients	Quantity	Measure
Aquafaba Mayonnaise (Or other Plant-Based Mayonnaise)	2	cups
Dijon Mustard	3	Tbsp.
Sweet Relish	3	Tbsp.
Plant-Based Worcestershire Sauce	2	tsp.
Prepared Horseradish	2	tsp.
Tabasco Sauce	1	tsp.
Lemon Juice	¼	cup

Preparation

1. Place all the ingredients into a bowl and whisk until well incorporated. Serve with Crabbyless Crab Cakes or other recipes as needed.

Nutrition Information

*From USDA Nutrient Database

Calories: 264 Total Fat: 26.7g Saturated Fat: 1.3g Monounsaturated Fat: 16g Polyunsaturated Fat: 8g Trans Fat: 0g Cholesterol: 0mg Carbohydrate: 5.8g Fiber: 0.3g Total Sugar: 1.8g Protein: 0.1g Sodium: 360.3mg Vitamin A: 3µg Vitamin C: 3.3mg Calcium: 3mg Iron: 0.1mg Folate: 4µg