Chorizo Style Frittata

DEVELOPED BY: Richie Rice at Dickinson College

Servings: 2 Serving Size: 9 oz.

Ingredients	Quantity	Measure
Tofurky Ground Chorizo	6	Ounces
JUST egg	6	Ounces
Diced potatoes, pre-cooked	3	Ounces
Tomato, small diced	2	Ounces
Baby spinach, fresh, steamed, drained	2	Ounces
Blended Italian herb mix	2	Teaspoons
Olive oil, divided	2	Teaspoons
Moocho Cheddar Cheese	2	Ounces

Preparation

- 1. In a hot no stick skillet, add 1 teaspoon olive oil.
- 2. Begin with the Tofurky Ground Chorizo , and sauté until browned. Remove to add back later.
- 3. Next, add the potatoes to the skillet in another teaspoon of olive oil. Sauté until lightly browned.
- 4. Add the tomatoes and continue cooking.
- 5. Add the spinach and continue cooking.
- 6. Return the Tofurky Chorizo to the pan, then add the JUST egg to the pan as well.
- 7. Continue to cook while pulling in the sides to incorporate all and to get volume to the egg mixture.
- 8. Flip the contents of the pan when about halfway done.
- 9. Continue to cook until almost set through.
- 10. Top with the Moocho Cheddar.
- 11. Melt the cheese and lightly brown the frittata under a salamander.
- 12. Ready to serve. A large frittata can be cut into 2 portions.

