Refried Black Beans

DEVELOPED BY: George Finn at the University of St. Thomas

Servings: 24 Serving Size: one number 8 Disher

Ingredients	Quantity	Measure
Oil Blend	1	Cup
Yellow Onions, chopped	1/4	Pound
Red Peppers, diced	1/4	Pound
Poblano Peppers	1/4	Pound
Oregano	1/8	Cup
Cumin	1/2	Cup
Chili Powder	1/2	Cup
Garlic	1/2	Cup
Diced Green Chilis, canned	2	Cups
Chipotle Peppers, Canned	2	Ounces
Water	2	Ounces
Cooked Black Beans	1	Gallon
Veggie base	1/3	Cup

Preparation

- 1. Place oil in a hot pan. Add onions and peppers cook till they are soft, onions translucent.
- 2. Add Oregano, Cumin, Chili Powder, and Garlic and cook for 5 minutes. You should be able to smell the spices.
- 3. Add Veggie base, water and black beans. Cook for 15 minutes, stirring occasionally.
- 4. Blend with an immersion blender but don't blend all the way, make sure there are still beans showing.
- 5. Serve.

