Snickers Sunflower Butter Cake

Recipe group Baked Goods, American	Additional name Baking & Pastry	Diet factors VG, NF	Portions Portion size 12 10.39
			OZ

Capacity measure	EP	Trim loss	AP	Name of ingredient
1/2 cup	0 lb 4.00 oz	0%		Non-Dairy Milk, Soy, unsweetened
1 tsp	0 lb 0.17 oz	0%		Vinegar, Distilled White
1 cup	0 lb 8.00 oz	0%	0 lb 8.00 oz	Water, hot
3/4 cup	0 lb 5.76 oz	0%	0 lb 5.76 oz	Oil, Canola
1/2 cup	0 lb 4.37 oz	0%	0 lb 4.38 oz	Coffee, brewed
2 tbsp	0 lb 1.08 oz	1%	0 lb 1.09 oz	Applesauce
2 tsp	0 lb 0.31 oz	0%	0 lb 0.31 oz	Extract, Vanilla
2 1/2 cup	0 lb 11.50 oz	0%	0 lb 11.50 oz	Flour, All-Purpose
2 cup	0 lb 14.20 oz	0%		Sugar, White, granulated
3/4 cup	0 lb 2.17 oz	0%		Cocoa Powder, unsweetened, sifted
1 1/2 tsp	0 lb 0.22 oz	0%	0 lb 0.22 oz	Baking Powder
1 tsp	0 lb 0.10 oz	0%	0 lb 0.10 oz	Salt, Kosher

For Cake Batter: Make buttermilk by combining soy milk and vinegar in a mixing bowl and let sit 10 minutes. Using a stand mixer with a paddle attachment, add buttermilk and next 5 ingredients in step 1. Beat until combined. Add remaining dry ingredients from step 1 to mixer and beat until fully combined.

Methods



Make buttermilk.



Mix ingredients.

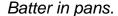
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Capacity		Trim		
measure	EP	loss	AP Name of ingredient	Methods

2

For Baking Cake: Preheat oven to 350°F. Line and spray 8" round cake pans, portion 4 cups of batter into each, use a spatula to evenly spread batter. Bake in oven for 20-30 minutes, until a toothpick inserted near center of pan comes out clean. Cool completely before frosting cakes.







Cake baked.

	Capacity measure	EP	Trim	AP Name of ingredient	
3	3/4 cup	0 lb 6.00 oz	0%	0 lb 6.00 Cream, Coconut, oz sweetened, canned	
	1 cup	0 lb 6.00 oz	0%	0 lb 6.00 Vegan Chocolate oz Chips, 1M count	

Methods

For Ganache: Over low heat, portion coconut cream in a pan and heat until scalding but not boiling. *Can also heat cream in a microwave using a microwave safe bowl. In a mixing bowl, pour heated cream over chocolate and stir until chocolate is melted and ganache is smooth. Store in a sealed container in cooler until ready for use and pull 20-30 minutes before use to soften.



Stir steamed milk and chocolate.



Chocolate ganache.

	Capacity measure	EP	Trim loss	AP	Name of ingredient
4	1 cup	0 lb 7.10 oz	0%		Sugar, White, granulated
	3 tbsp	0 lb 1.50 oz	0%	0 lb 1.50 oz	Water
	1 tsp	0 lb 0.24 oz	0%	0 lb 0.24 oz	Corn Syrup, light
	1 tbsp	0 lb 0.50 oz	0%		Non-Dairy Butter, Unsalted
	1/2 cup	0 lb 4.00 oz	0%		Non-Dairy Milk, Soy, unsweetened
	1/2 tsp	0 lb 0.05 oz	0%	0 lb 0.05 oz	Salt, Kosher

Methods

For Caramel Sauce: In a heavy bottom pot, combine sugar, water, and syrup. Cook over medium heat without stirring, until mixture begins to caramelize and all sugar is dissolved. When mixture reaches amber color, about 355-360°F, remove from heat and add in butter stirring carefully to combine. Slowly add milk and stir until fully combined and smooth. (Mixture may bubble and splatter so be careful to avoid burns.) Add salt and stir to combine. Cool completely and store in sealed container in cooler until ready for use.



Cooked to amber.



Caramel sauce.

	Capacity measure	EP	Trim loss	AP	Name of ingredient
5	5 cup	1 lb 5.75 oz	0%		Sugar, White, powdered
	1 cup	0 lb 2.90 oz	0%		Cocoa Powder, unsweetened, sifted
	1 cup	0 lb 7.36 oz	0%		Shortening, Vegetable
	1 cup	0 lb 8.00 oz	0%		Non-Dairy Butter, Unsalted Softened.
	6 tbsp	0 lb 3.39 oz	0%		Butter, Sunflower, salted
	1/4 cup	0 lb 2.00 oz	0%		Non-Dairy Milk, Soy, unsweetened
	1 tsp	0 lb 0.15 oz	0%	0 lb 0.15 oz	Extract, Vanilla

For Buttercream Frosting:
Using a stand mixer with
a whip attachment, add
first 5 ingredients in step
8. Whip on slow speed
until combined, increase
speed and whip until fluffy.
Add soy milk and vanilla
and mix on slow speed to
combine. Increase speed
and whip until smooth and
fluffy. Buttercream can be
stored in sealed containers
at room temperature or in
cooler until ready for use.

Methods



Whip ingredients.



Sunflower butter chocolate buttercream.

	Capacity measure	EP	Trim	AP Name of ingredient	Methods	
6	6 tbsp	0 lb 1.87	0%	0 lb 1.88 Sunflower Seeds,	To Build Cake: Put	

6 tbsp 0 lb 1.87 0% 0 lb 1.88 Sunflower Seeds, oz oz roasted, salted

To Build Cake: Put first layer of cake on a cardboard cake board and use a piping bag to create boarder around edges with buttercream frosting. In the center, use a piping bag to portion 2/3s of ganache and spread evenly with a spatula. Then drizzle with 2/3s of caramel and sprinkle 1/4 cup seeds. Top with next layer of cake. Frost entire cake with remaining buttercream, adding any desired decorative piping to top and sides. Spread remaining caramel sauce on center of frosted cake and sprinkle with 2 tablespoons seeds. Using a piping bag, drizzle remaining ganache over sides of cake to look like drips.

For Service: Cut cake into 12 slices.



Add frosting and ganache to first layer.



Add peanuts and caramel.



Frost second layer.

RECIPE IMAGES



Snickers Sunflower Butter Cake



Snickers Sunflower Butter Cake Slice.

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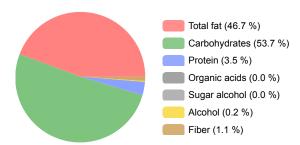
NUTRITION INFORMATION

per portion

					Willierais		INDI		
_		% of		RDI	Salt	0.47 g			
Energy nutritives		RDI energy	1,192.40 KGai	59 %	Salt	0.16 %		Vitamins	RDI
Total fat	62.98 g	81 % 46.71 %	4,303.23 KJ		Sodium Phosphorus	187.89 mg 307.34 mg	8 % 25 %	Vitamin A	164.90 18 %
Saturated	14.87 g	74 % 11.03 %			Potassium Iron	834.88 mg 4.39 mg	18 % 24 %	Vitamin D	μg 0.28 μg 1 %
Monounsaturated	29.64 g	21.98 %			Calcium	104.66 mg	8 %	Thiamine	0.16 mg 13 %
Polyunsaturated	16.01 g	11.87 %			Zinc Magnesium	2.04 mg 166.79 mg	19 % 40 %	Riboflavir Niacin	0.17 mg 13 % 4.58 mg 29 %
Trans fatty acids	5.35 g	3.97 %			lodine	0.00 µg	0 %	Vitamin	0.16 mg 9 %
Cholesterol	1.13 mg	0 %			Selenium	24.77 µg	45 %	B6	
Linolenic acid	13.75 g	10.20 %			Copper	0.93 mg	103 %	Vitamin B12	0.31 µg 13 %
Alpha-linolenic acid	1,586.80 mg	1.18 %						Folate	0.00 µg 0 %
Total Carbohydrate	157.66 g	57 % 53.72 %						Vitamin C	0.34 mg 0 %
Sugars total	116.72 g	233 %						Vitamin E	8.77 mg 58 %
Added sugar	0.00 g	0 % 0.00 %						– Vitamin	39.38 µg 33 %
Lactose	0.23 g							K	20.00 pg 00 /s
Fiber	7.18 g	26 % 1.15 %							
Organic acids	0.00 g	0.00 %							
Sugar alcohol	0.00 g	0.00 %							
Starch	0.71 g	0.24 %						Others	
Protein	10.29 g	21 % 3.51 %						Water	59.67 g
Alcohol	0.37 g	0.22 %							3

Minerals

PERCENTAGE OF ENERGY



CO₂



Comparable CO2 emissions for equal sized portions.

The carbon footprint calculator is based on emission factors per kilogram calculated for individual ingredients. The calculator does not take into account emissions from food preparation.